



Peru and Tanzania/Kenya Immersion Trips 2018

WGC – 3 Basic Principles

- Local Ownership
- Social Empowerment
- Sustainability



WGC Process of Empowerment

through cross-culture education and leadership development



BUILDING RELATIONSHIPS

Invitation to WGC to collaborate with an on-site group/cooperative



PLANNING

Collaborative Planning for Capacity Building based on identified need



TRANSFERABILITY

Transfer of learning to a new location



IMPLEMENTATION

On-Site Capacity Building activities and Leadership Development with volunteer immersion trips



INTEGRATION

Mutual learning, Leadership/community action and promotion of global citizenship



WEB NETWORKING

Web Mentoring and creation of web-based information/tools



SUSTAINABILITY

Collaborative planning on how to sustain the networks



PARTICIPATORY EVALUATION

Measuring impact of activities and solidifying sustainability



LOCAL NETWORKING

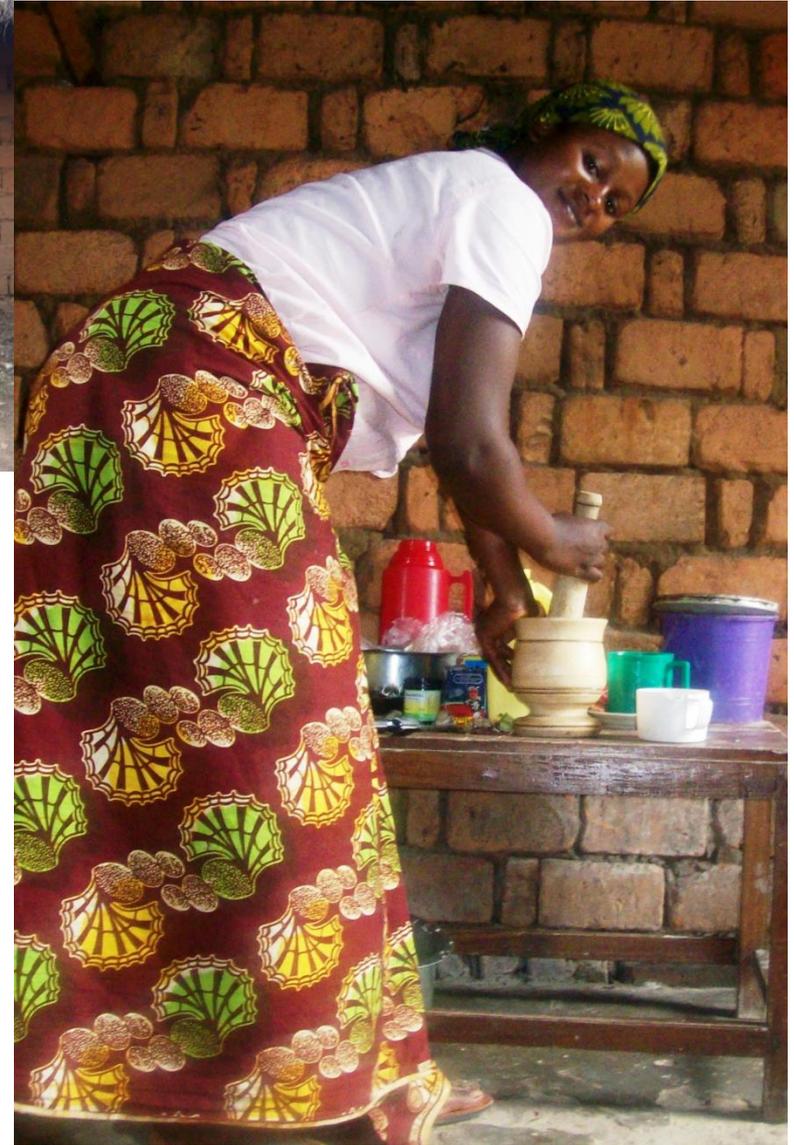
Local group connects with local resources and organizations

Bukoba



Role of Women







When You Educate a Woman – You Educate a Nation

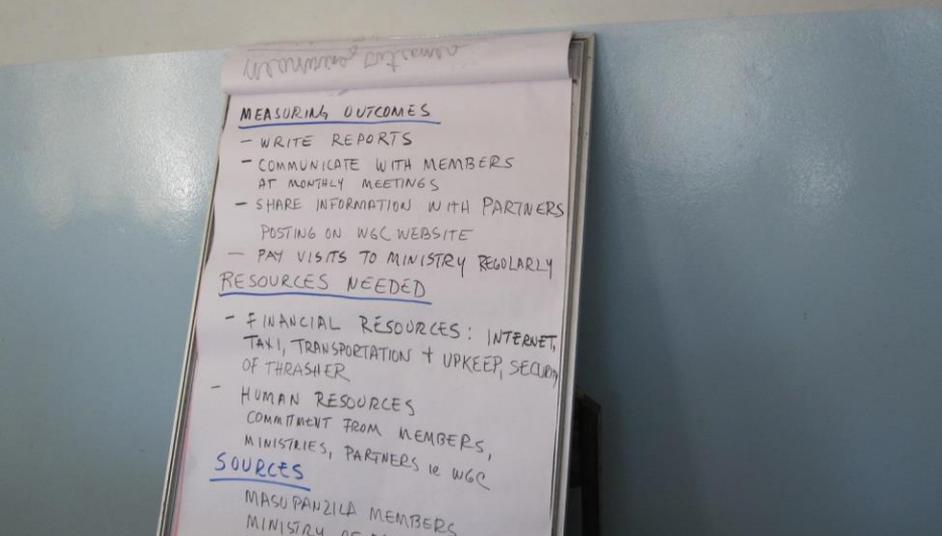
Education



Hospitality and Reciprocity



Rituals





Tanzania July 2017



Projects Include

- Soy Product Development
- Technology
- Early Childhood Development
- Leadership
- Menstrual Health
- Train the Trainer















Tanzania Typical Itinerary

July 7-27, 2018

Day	Date	Activity (tentative)
1	July 7	Leave USA
2	July 8	Arrive Tanzania
3	July 9	Arrive Bukoba
4	July 10	Orientation
5-9	July 11-17	Training/Projects
10	July 18	Open
11-12	July 19-20	Travel to Kenya
13-17	July 21-25	Projects/Immersion Kenya
18	July 26	Leave Kenya
19	July 27	Arrive U.S.A.

Individual Budget for Africa Trip

- Visa \$100
- Passport \$110
- Vaccinations up to \$400
- Paid to WGC:
 - Airfare to Bukoba or Bukoba/Kenya and Return \$2,800-\$3,200
 - Base Price including \$100 non-refundable fee, insurance, background check, ground transportation, room and board \$1,000-\$1,800
- **Estimated Total Cost \$3,800-\$5,000**

Travel Preparation

Transportation and Travel Arrangements

- Costs

Passport

- http://travel.state.gov/passport/get/get_4855.html

Visa (none for Peru)

- **Tanzania** - www.tanzaniaembassy-us.org
- For Kenya/Tanzania – East Africa combined visa

Safety

- http://travel.state.gov/travel/cis_pa_tw/cis/cis_1038.html
- http://travel.state.gov/travel/cis_pa_tw/cis/cis_998.html

Documents

- Application, Waiver, Background Check form, short Bio, Picture

Medical Insurance and Health

- wwwnc.cdc.gov/travel/destinations/Tanzania.htm
- wwwnc.cdc.gov/travel/destinations/peru.htm



Key Dates

Africa

March 1: Ettlign Hayes Scholarship app. due

March 15: Traveler profile, \$100 deposit, waiver, background check form due

Planning meetings begin now

Commissioning Service – To be determined

Key Issues and Current Projects:

- Food Security/Soy
 - Cultivation, Production, Promotion/Marketing
- Economic Security
 - Offering micro-loans, capacity building
- Nutrition and Health
 - Education on soy nutrition, water sanitation
- Access to Training for Women and Girls in a Learning Center
 - Training, Information Technologies
- Access to Water
 - Rain harvesters, biosand filters etc.
- Other: Hekima Secondary School, new bakery

South America



Chimbote



Women's Empowerment

Women's Economic Development



Early Childhood Education



Peru: May 2017



- Early Childhood Teacher Workshops
- Women's Economic Development
- Water Projects

Ask yourself,
“What is my
Why?”



Clean water in Nuevo Chimbote



Follow up
research in
Nuevo Chimbote
with lots of help
from these
fabulous women





Clean Water Research in Dos De Mayo District

Clean Water Research in Dos De Mayo District





The “Body Bag” Traveling to a strange place as a millennial:

What’s in my bag? My top 7 items I used regularly and was glad I brought with me

1. **TEP Skyroam** : my satellite wifi (this can be purchased or rented from www.TEP.com)
2. **Collapsible electric kettle**: allowed me to boil water for oatmeal and coffee (ebay)
3. **Camping kitchen gear**: French press, bowl, spoon, biodegradable lavender soap (Whole Earth Provisions)
4. **Bug spray and sun screen** (Amazon)
5. **Laundry bungee line with clips** (Amazon)
6. **Incense and lavender oil**: I purchased the incense at a market in Chimbote along with the llama matches. After a few weeks of damp clothes line drying in your room things started to smell a little funky, so this was nice to have. I added lavender oil to the sink when I washed my clothes.
7. **Medication**: Because I have several medication allergies, I always carry my own emergency with me when I travel to ensure I am not given a prescription I am allergic to. I went to the travel clinic and got antibiotics and several other over the counter medications so I didn’t have to worry about what I was given if I needed medical attention.

Peru Typical Itinerary

May 27 – June 11, 2018

Day	Date	Activity (tentative)
1	May 27	Leave USA
2	May 28	Arrive Lima
3-4	May 29-30	Lima/Travel by bus to Chimbote
5	May 31	Orientation
6-13	June 1-8	Chimbote Workshops
14-15	June 9-10	Travel from Chimbote to Lima
16	June 11	Travel to US

Individual Budget for Peru (estimate)

- Passport \$110
- Vaccinations \$100 - \$200
- Paid to WGC:
 - Round Trip Airfare SA-Peru \$1,100 - \$1,500
 - Base Price (includes initial non-refundable \$100 fee, insurance, background check, transportation in Peru, room and meals) \$1,200
- **Estimated Total Cost \$2,300 - 2500**

Key Dates

Peru

March 1: Ettlign Hayes Scholarship app due

March 15: Traveler profile, \$100 deposit, waiver, background check form due

Planning meetings begin now

Commissioning Service – To be determined

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- Questions
 - Break into respective groups
 - Plan first group meeting date

Thanks for coming!

